

Human Development

KIS Health curriculum

We care

We believe teaching about human development is **essential** for **educating** students about their body, sharing important **resources** to help answer their questions and **preparing** them for life after KIS.

Background information

- Students are only taught about their reproductive system in Grade 8.
- One unit from Grades 6-12 is about human development
- Students lack education about their body
 - If there are no conversations happening at home, students often refer to online resources that are not accurate
- Many seniors have stated that they turn to the internet to find answers about changes in the body because there is no unit taught at KIS.
- The Grade 12 spring EE trip is incorporating some sexual health information due to lack of education at KIS. It is intended to help students prepare for university



Other Findings within Korea:

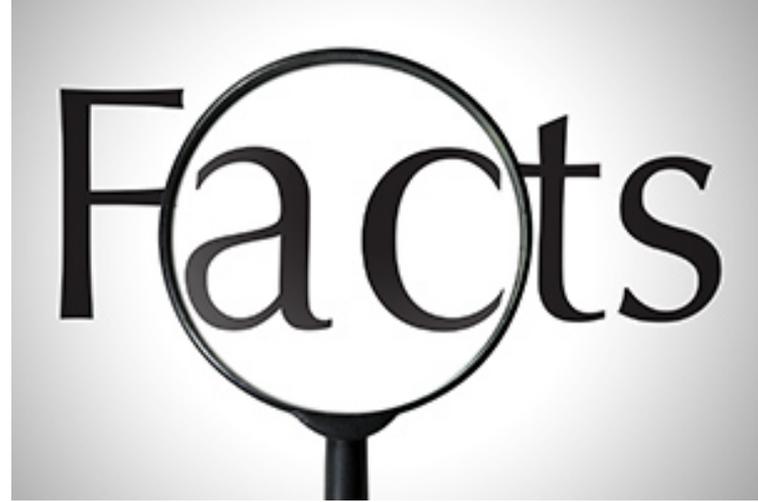
1. The average reported age for first time sexual experiences is 15. There is a higher risk of an individual contracting an STI at a younger age, especially for boys (Doyle, 2016).
2. An article by Da-sol (2016) in the Korean Herald stated the number of HIV infections have increased dramatically in Korea from 219 infected in 2010 to 1,018 in 2015.
3. Of the 110 HS students surveyed at KIS, only 30% could identify what an STI (sexually transmitted infections) is, how they were transmitted and the preventative measures regarding sexual health



FACTS are the focus

- We will share the facts about our body and the changes that happen
- We will provide websites where they can find accurate information
- We do not want to change any beliefs or opinions that your child has

We hope that educating your child from a professional viewpoint will make it easier for you to be open with your child.

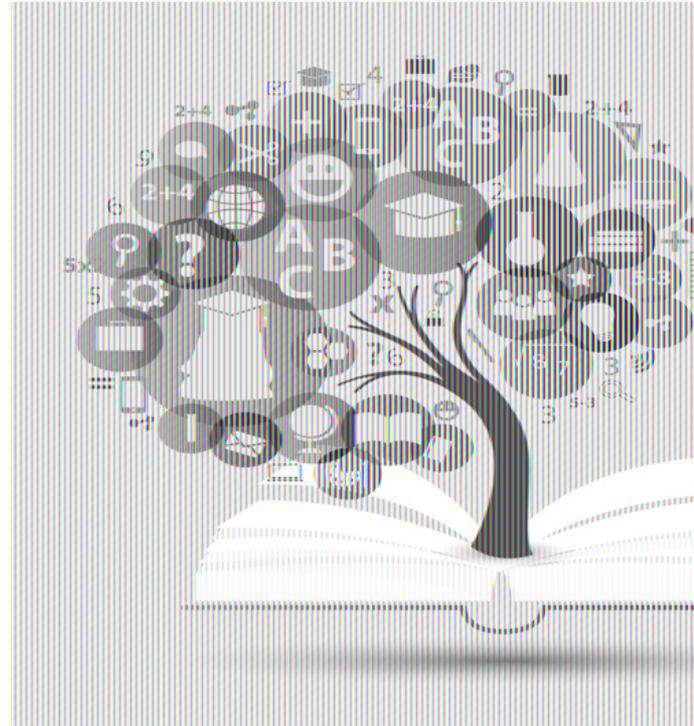


KIS Health Curriculum

ADAPTED FROM National Health Education Standards from the Centers For Disease Control and Prevention.

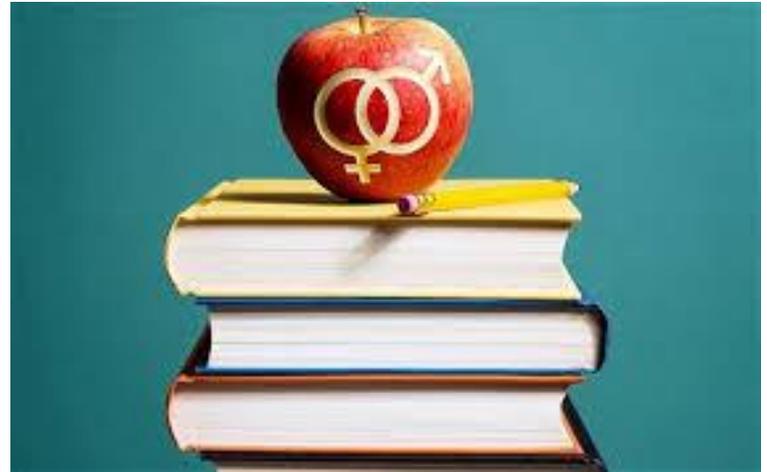
Shanghai American School uses the same Standards.

1. Starts in Grade 4
2. Open communication lines with parents



Topics that will be covered:

- Body changes during puberty and personal hygiene (Grade 6 and 8)
- Social media and factual websites (Grade 7)
- Building healthy and appropriate relationships (Grade 9)
- Sexual orientation and gender issues (Grade 9-12)
- Preventing STI's (sexually transmitted infections) and drug use (Grade 10-12)
- Sexual abuse awareness (Grade 10-12)



We have your children's best intentions in mind

We truly care about your child and their health

We want to make sure they are educated about their own body and can seek help if needed.

We want to make sure they are prepared for college

We want them be safe when on their own.



Questions you might have:

- Will you tell our children that they should not be having sex?
 - Answer: No- this would be a topic that you should cover at home based on your family's cultural/religious beliefs. We focus ONLY on the facts of sexual health.
- Will this be a co-ed class?
 - Answer: Yes! We believe that both genders need to be educated/aware of each other's bodily changes. In certain units, there is a possibility that genders could be separated to have more personal conversations about what is happening to their bodies.
- What if my child comes home, and starts asking me questions that I do not know the answer to?
 - Answer: We have excellent scholarly resources that we can share with you, and your children also have access to these same scholarly resources.

<https://kidshealth.org/>